
TITLE: **Disable the Label Facilitation Apprentice**
HOURS: Approx 60-80 hours
START: April 1, 2019 **END:** August 23, 2019
COMPENSATION: This is a volunteer position. An honorarium may be provided.

About The Organization & Program:

Children's Mental Health Ontario (CMHO) is the association representing Ontario's publicly-funded Child and Youth Mental Health Centres. CMHO advocates for government investments, policies and programs that are responsive to the needs of children, youth and families seeking mental health services in Ontario. CMHO's primary goal is to promote a coordinated and high quality system of care that puts children, youth and families first.

The New Mentality is a program of Children's Mental Health Ontario. We are a provincial network of youth and adult allies working to amplify youth voice to influence change within the mental health system in Ontario. Our work is grounded in the belief that youth experiencing mental illness must contribute to building and improving the mental health system. We have a provincial network of youth groups that work directly with services providers to improve services and reduce stigma in their local communities. Each summer we convene delegates from across our network at a four day leadership training retreat known as Disable the Label.

About the Position:

The Facilitation Apprentice will work closely with the Facilitation Hosts, TNM staff, TNM's Aboriginal Navigator, and other hosting team members, to plan and deliver Disable the Label 2019, which will run from **July 16-19, 2019**, with one additional day on-site on July 15 for an in-person planning day at YMCA Geneva Park in Orillia.

At DTL 2019, we will convene 100 youth, staff and allies at YMCA Geneva Park in Orillia, bringing together leaders from across Ontario who are making a difference in the lives of children and youth with mental illness. **The Facilitation Apprentice will take on a learning role in the designing and facilitation of the event, with support from TNM staff and other hosting team members. The Facilitation Apprentice will work with the facilitation hosts to develop the program agenda and will co-facilitate activities at Disable the Label 2019.**

The Disable the Label Facilitation Apprentice will be supervised by the New Mentality Network Coordinator, who will provide an orientation session outlining the goals for the project and provide on-going mentoring sessions to develop design and facilitation skills. Some of the skills that will be developed as an apprentice are design, facilitation, communication, adaptability, conflict resolution, project management, and teamwork.

Compensation:

The Facilitation Apprentice may receive an honorarium for their work. In addition, all meals, accommodations, and travel costs will be coordinated and covered by The New Mentality.

The Ideal Candidate

The ideal candidate already has a knack for facilitation but are looking to hone their skills and take their facilitation to the next level. This person is open to feedback and is looking for an opportunity to grow their skills. They are eager to learn, ready for hard work, and willing to support their fellow teammates as needed. This person has great self-care strategies and are able to handle themselves in a high stress environment. This includes excellent self-management strategies as well an ability to communicate their needs to their supervisor.

Overview of Responsibilities:

Design (April – July 2019)

- Participate in orientation call with TNM Staff in April
- Participate in weekend Hosting Team Orientation meeting
- Participate in weekly Hosting Team calls from April to July
- Work in partnership with TNM Staff and DTL Facilitation Hosts to build DTL agenda
- Dedicate 1 hour weekly from April-July for individual work prep (including building out activities you are facilitating)
- Participate in Hosting Team design day on-site at YMCA Geneva Part on **July 15** (one day prior to the event)

On-Site (July 16 – 19, 2019)

- Co-facilitate activities, including hosting circles, leading energizers and icebreakers
- Support hosting team as needed (i.e space set up)
- Participate in on-site hosting team meetings

Desired Skills, Knowledge, and Experience

- Previous attendance at Disable the Label is an asset
- Previous experience facilitating events
- Familiar with a variety of facilitation techniques
- Flexible and adaptable to changing situations
- Creative and artistic
- Strong conflict resolution skills
- Works well in a team
- Excellent listening skills
- Well-developed organization skills
- Open, honest, and integral work ethic
- Previous volunteer experience in the New Mentality